

VPK Home Learning Plans April 20th-24th

Monday, April 20th



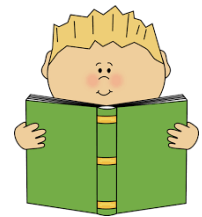
Daily Calendar Time

Discuss the month, day of the week, number of the day (April 20th), yesterday, today, tomorrow using a paper calendar or complete the calendar activity on Starfall

- <https://www.starfall.com/h/holiday/calendar/?sn=main>
- Calendar Songs from YouTube (Jack Hartman, Dr. Jean, Singing Walrus)
- <https://www.youtube.com/watch?v=IF59Xs60uRM> Letter U Jack Hartmann
- <https://www.youtube.com/watch?v=IF59Xs60uRM> Letter Formation Website
- Look for the letter Uu around the house (on cereal boxes, in books, in the newspaper)

Reading

- 🌸 Read at least 20 minutes a day (See Reading Choice Board for a fun idea!)
- 🌸 Letter of the Week: Uu



Art & Sensory

- 🎨 Choose an activity from the Art & Sensory Board
- 🎨 Tape a piece of paper UNDER a table and draw a picture upside-down!
- 🎨 Art with Liza on Instagram and Facebook at 9am each day if you're interested!

Movement

- 🍎 Choose an activity from the Movement Board
 - *Cosmic Kids Yoga, Go Noodle, Learning Station Brain Breaks
- 🍎 Go outside and enjoy the fresh air!
- 🍎 Find a small rock outside and balance it on your foot. Try and walk around the house without it falling off

Independent Functioning

(ideas to practice each day) 😊

- ★ Help with dusting furniture
- ★ Choose weather appropriate clothing
- ★ Help plan a healthy lunch



Reminders

- ✓ Color the squares you complete on the choice boards.
- ✓ Send your teacher a picture of a favorite activity you completed.
- ✓ Read at least 20 minutes daily.



Tuesday, April 21st

Daily Calendar Time

Discuss the month, day of the week, number of the day (April 21st), yesterday, today, tomorrow using a paper calendar or complete the calendar activity on Starfall

- <https://www.starfall.com/h/holiday/calendar/?sn=main>
- Calendar Songs from YouTube (Jack Hartman, Dr. Jean, Singing Walrus)
- <https://www.youtube.com/watch?v=CUIcCn9lnhQ> Letter Uu ABC Mouse

Math

- Choose an activity from the Math Board
- Count how many steps it takes to walk to the mailbox, your bedroom, around the house and compare the amounts
- https://www.abcya.com/games/counting_sorting_comparing

Science

- 🔍 Choose an activity from the Art & Sensory Board
- 🔍 Go outside and dig to see what is “underground”-then plant vegetable seeds for a garden. Send your teacher a picture of what is underground”

Movement

- 🍎 Choose an activity from the Movement Board
- 🍎 *Cosmic Kids Yoga, Go Noodle, Learning Station Brain Breaks
- 🍎 Blow up a balloon and see how long you can keep it in the air
- 🍎 Go outside and enjoy the fresh air!

Independent Functioning

- ★ Work on tying your shoes
- ★ Help set the table for meals
- ★ Brush your teeth 2 times a day

Reminders

- ✓ Color the squares you complete on the choice boards.
- ✓ Send your teacher a picture of a favorite activity you completed.
- ✓ Read at least 20 minutes daily.

Wednesday, April 22nd -Earth Day!

Daily Calendar Time

Discuss the month, day of the week, number of the day (April 22nd), yesterday, today, tomorrow using a paper calendar or complete the calendar activity on Starfall.

- Discuss Earth Day-Why we have to take care of the Earth and how we can do that
- <https://www.youtube.com/watch?v=Uu7uuJDhcHk> Jack Johnson-Reduce Reuse Recycle
- <https://www.starfall.com/h/holiday/calendar/?sn=main>
- Calendar Songs from YouTube (Jack Hartman, Dr. Jean, Singing Walrus)



Reading

- 🌸 Choose an activity from the
- 🌸 Practice writing the letter Uu.
- 🌸 If your child is unable to write U, write it using a highlighter and have them trace over it with a pencil, marker, crayon.

Art & Sensory

- 🎨 Choose an activity from the Art & Sensory Board
- 🎨 Make a birdfeeder with pinecones, peanut butter (or almond butter) and bird seed
- 🎨 Art with Liza on Instagram and Facebook at 9am each day if you're interested!

Movement

- 🟠 Choose an activity from the Movement Board
- 🟠 <https://www.youtube.com/watch?v=U3ZK5pntyNg> Earth Day Song with movements
- 🟠 Movement Websites: Cosmic Kids Yoga, Go Noodle, Learning Station Brain Breaks (YouTube)
- 🟠 Go on a walk and pick up trash in the neighborhood (be sure to wear gloves)

Independent Functioning

- ★ Unload the dishwasher
- ★ Help with laundry
- ★ Take out the trash
- ★ Make your bed



Reminders

- ✓ Color the squares you complete on the choice boards.
- ✓ Send your teacher a picture of a favorite activity you completed.
- ✓ Read at least 20 minutes daily.



Thursday, April 23rd

Daily Calendar Time

Discuss the month, day of the week, number of the day (April 23rd), yesterday, today, tomorrow using a paper calendar or complete the calendar activity on Starfall.

- <https://www.starfall.com/h/holiday/calendar/?sn=main>
- Calendar Songs from YouTube (Jack Hartman, Dr. Jean, Singing Walrus)
- <https://www.youtube.com/watch?v=1ITs31B2pLk> Letter U Guessing Game

Math

- Choose an activity from the Math Board
- Using measuring cups, see how many it takes to fill up different containers
- If you have blocks, sort them into groups by size, color or shape

Science

- 🔍 Choose an activity from the Art & Sensory Board
- 🔍 Check on your garden if you planted one

Movement

- 🟡 Choose an activity from the Movement Board
- 🟡 Cosmic Kids Yoga, Go Noodle, Learning Station Brain Breaks
- 🟡 Go outside and enjoy the fresh air! (Don't forget sunscreen!)
- 🟡 Using sidewalk chalk, write the alphabet and then say each letter as you hop or jump on each one



Independent Functioning

- ★ Help with dusting furniture
- ★ Choose weather appropriate clothing
- ★ Help plan a healthy lunch

Reminders

- ✓ Color the squares you complete on the choice boards.
- ✓ Send your teacher a picture of a favorite activity you completed.
- ✓ Read at least 20 minutes daily.
- ✓ Just breathe and enjoy the family time!

April 24th, 2020

Fine Motor/Gross Motor FRI-YAY

Water Play

Give your bike a wash-wear a bathing suit and get wet!



Building

Using different pieces of nature (sticks, rocks, flowers) create a masterpiece.

**Don't forget to take a picture and send it to your teacher!*

Fun Friday Art Craft

http://downloads.allaboutlearningpress.com/downloads/ABC_Crafts/Lowercase-U-Craft-Umbrella.pdf

Use the above link to download the template.

**Don't forget to send your teacher a picture when your craft is complete!*



Independent Functioning

- ★ Unload the dishwasher
- ★ Help with laundry
- ★ Take out the trash
- ★ Make your bed

Reminders

- ✓ Color the squares you complete on the choice boards.
- ✓ Send your teacher a picture of a favorite activity you completed.
- ✓ Read at least 20 minutes daily.